

Suffolk Coastal Poverty Action

Churches working in partnership in East Suffolk



The season is changing - let's change lives too

September 2025

As summer ends, the cold reality returns

As the warmth of summer fades, we can be thankful for the many sunny days we have enjoyed. For those living in poverty, summer has meant being able to stay warm without worrying about heating costs. But now, with colder months on the horizon, anxiety is returning. For people on low incomes, winter means difficult choices between keeping warm or having food.

We are continuing to increase the ways we support people experiencing poverty and to help people from getting into debt and poverty. In addition to our core service of helping people get out of debt, we are now providing a growing range of services including adult, schools-based and prison-based financial education, life skills courses, counselling and emergency support.

To meet increasing demand for our services from our trusted referral partners, we have had to increase our cost base to around £60,000 per annum. We rely totally on grants and donations. With your support, whether through a donation or by

volunteering, we could reach more people, earlier, and help prevent cold, hunger, and despair.

Will you help us bring warmth and hope to those in poverty this winter?

If you are not currently supporting us and feel you would like to help alleviate poverty in the area shown on the map, please click a button below to make a one-off or regular donation via your credit card or your bank. Thank you if you are already supporting us. You may wish to consider increasing your giving each year as costs go up. Regular giving is particularly welcome as it means we can plan the number of people in poverty we can help. Please gift aid all your donations where possible by clicking the button below and completing the online form.

Perhaps you would like to volunteer with us? There are several ways you can support Poverty

Action. For details please email editor@scpa.uk

Please pray for those in poverty in Suffolk Coastal and for us in SCPA as we do our very best to help them. Click the photo below to view current prayer requests.

To find out more

If you want to read more about the people we have helped or get a better understanding of what Suffolk Coastal Poverty Action does or catch up on our latest news, look on [our website](#)